

# NEWS BITES



Welcome to a new program year! At the state level, we are more determined than ever to discover innovative ways to strengthen the partnership between EFNEP and SNAP-Ed Steps to Health.

Our shared goals and vision of a healthier North Carolina make this collaboration vital to our mission. I encourage all agents and educators to actively seek opportunities to partner with each other.

By combining our expertise and resources, we can elevate our programming to create even more profound impacts among our priority audiences.

This year, let's embrace the spirit of cooperation and creativity as we work together to nurture healthier communities and brighter futures.



We look forward to the start of a new year of nutrition education which includes collaboration with EFNEP. Agents are encouraged to plan with EFNEP Educators (if present in your county) to build a comprehensive program for participants to *make the healthy choice the easy choice*.

Regional Nutrition Education Associates (RNEAs) are an important part of the Steps to Health team and our partnership with EFNEP, as they connect the work of these two programs and facilitate opportunities for success and impact. They also provide focused agent support for food and built environment technical assistance for your programs.

Our programs are designed to develop healthy communities, what successes will you share in FY24?



## Kyle Hood STH Garden Collaborative Extension Associate

As of October 1st, Kyle will be working with Extension Agents and community partners across the state to provide technical assistance and support to gardening and seed library projects. Kyle has a BS in Nutrition from Appalachian State University and an MS in Nutrition with a concentration in Community Food Security from Meredith College.

Prior to joining the Steps to Health team, Kyle had the opportunity to be part of many community nutrition endeavors. These include working for the EFNEP program, managing community gardens, and serving as a nutrition educator for multiple gardening and nutrition projects.

When Kyle isn't working he enjoys gardening, hiking, and homesteading with his family.

**Steps to Health Update:** In October, the team shared information on STH direct education data and reporting.

[Recording link](#)

Next STH Update: November 7th 10:00A-12:00P

TOPIC: To be determined

# Regional Nutrition Extension Associates (RNEA) Districts

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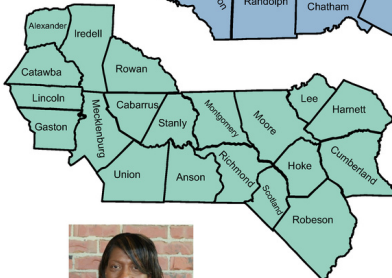
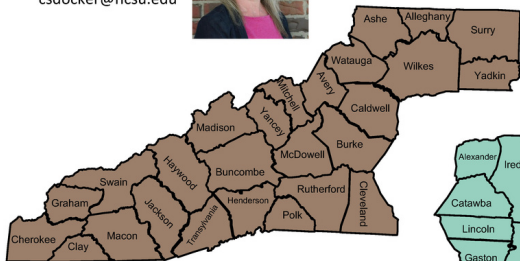
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