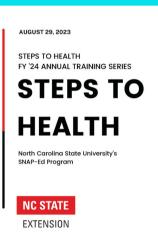
## Steps to Health and EFNEP

# **NEWS BITES**

## **Annual Training Recap**





This month was brimming with training opportunities! We met each Tuesday both on Zoom and in person throughout the month of August to discuss: program planning, partnership, new curriculum, logistics and operations. Thank you for joining us!

If you were unable to join us...you can find recordings for each of our meetings here: <a href="https://go.ncsu.edu/sth-fy24annualtraining">https://go.ncsu.edu/sth-fy24annualtraining</a>

One highlight of this year's training was the listening session at NCEAFCS. We're incredibly grateful to you for your feedback. Please don't hesitate to let us know when something can be done better, more efficiently, with improved relevance.

We want to know!

Have a question? Email us!

<u>Reminder:</u> We're already seeing lots of program planning request forms roll-in which is incredibly exciting! Don't forget to work with Christian Woods to complete your Civil Rights Training and any Curriculum Specific Training prior to our October 16th start date!

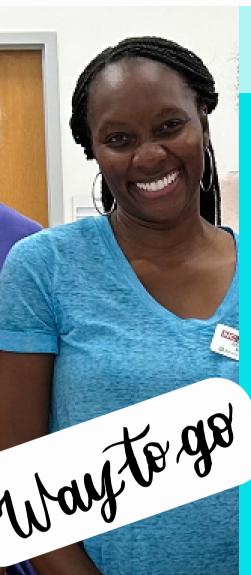
#### **UPCOMING DEADLINES**

• September 15 - Data Reports Due

Next STH Update: October 3rd

10:00A-12:00P

**TOPIC: Data Management** 



# **Franklin County**

This month we highlight **Dominque Simon**, Family and Consumer Sciences Agent in Franklin County, for all the work she has done for her community!

Beyond FCS programming, recently, Dominque has:

- Facilitated a walk audit in downtown Louisburg to encourage safe walking paths
- Provided bicycle safety education and helmets (provided by the NCDOT Bicycle Helmet Initiative grant) to 138 Pre-K students across Franklin County Schools
- Continued to be involved with supporting the Franklinton Community Garden. Watch this <u>video</u> to learn more about the Franklinton Community Garden.
- Met with a growing food pantry at a local church to find out how she can help support them!

Check out the <u>Cultivating Franklin Newsletter</u> to see more great things being done throughout the county!

hoto courtesy of Louisburg Senior Center and Cultivating Franklin Newsletter





### Walk and Roll to School Day - October 4, 2023

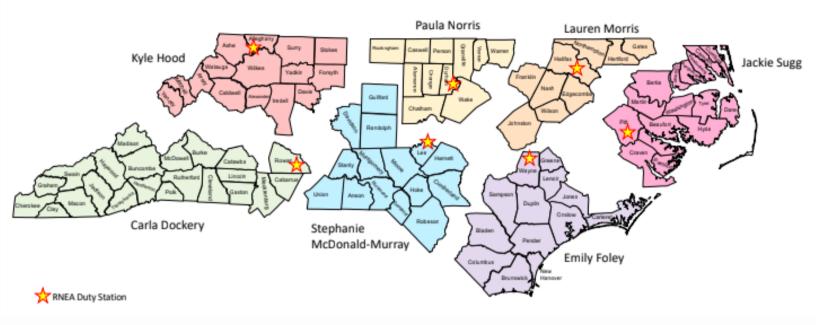
There are over 1,500 events scheduled for Walk and Roll to School Day. Check out the <u>website</u> to see what is happening in your community.



Are you interested in doing something next year? Start by watching the training provided by Lauren Morris on ways to implement Walk, Bike, and Roll to School in both rural or urban communities, and/or reach out to her directly!

#### Recording link

## Regional Nutrition Extension Associates (RNEA) Districts



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