Steps to Health and EFNEP

NEWS BITES



Steps to Health Update:

Alyssa Anderson presented a STH Social Marketing Update.
Learn new social marketing techniques.

Recording link

Next STH Update: July 11 10:00A-12:00P TOPIC: The Power of Film

In preparation for the NCEAFCS conference, please take a few moments to fill out this <u>form</u> and share what items/supplies you would like us to bring you during the event.

SAVE THE DATES: Mark Your Calendars For the Steps to Health Annual Training

- August 8th 10AM-12PM New Agent Training & Welcome to STH
- August 15th Times TBD- (In-Person) NCEAFCS Listening Session & Photovoice Capture
- August 22nd 10AM-12PM Experienced Agent Training
- August 29th 10AM-12PM Logistics/Operations & Program Planning

This material was funded by USDA's Supplemental Nutrition Assistance Program-SNAP.

This institution is an equal opportunity provider.



Who can teach Fuel for Life?

EFNEP Educators.

Agents lead the Policy, Systems, and Enviromental components.

Collaboration is encouraged!

Halifax County Schools Empowerment Zone Partnership

After students completed the new high school pilot curriculum, Fuel for Life, the Empowerment Zone Coordinator expressed interest in expanding what the students learned by installing a learning garden. The EFNEP Educator connected them with Steps to Health where they were able to secure approximately \$500 worth of garden materials and supplies for four raised beds. The FCS Agent, Horticulture Agent, and Agriculture Agent partnered to provide assistance and education to get the gardens started and ensure success. The students at the Empowerment Zone learned how to put together raised beds, plant seeds, care for the plants, and see the results of their hard work from project-based learning.

The Halifax County Cooperative Extension team was recognized during graduation and thanked for providing support through EFNEP classes, and garden funding/education for the students. Halifax County's Cooperative Extension Operation Restart program opened the doors for a new partnership where EFNEP led the way for policy, system, and environmental work to be provided through a successful team effort at the N.C. Cooperative Extension Halifax County Center. As a result of this team effort, Empowerment Zone students were able to participate in additional hands-on learning activities to promote individual growth and responsibility that they will be able to take with them beyond graduation.

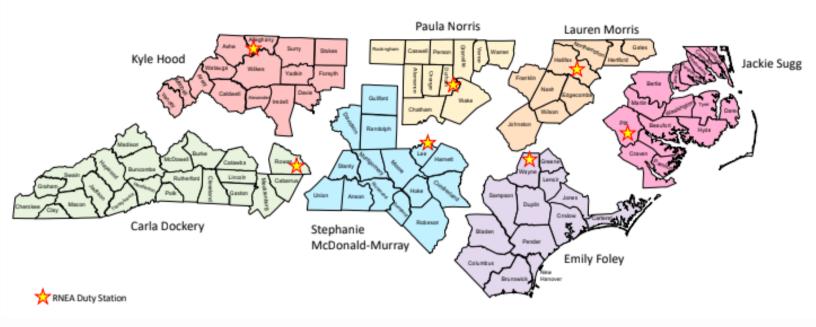






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