

NEWS BITES

The new **Steps to Health 3rd Grade STEAM** program has been fully launched.

The program includes:

- 9 sessions about 1hr long in-person
- Designed for FCS and 4-H agents
- Perfect for service-learning, interns, EMFV
- Potential for teacher inclusion in units
- Utilizes STEAM pedagogy
- Experiment-based
- Scientific Method as format
- Group work
- Optional Taste Tests
- 3rd Grade STEAM Kit of Materials for program implementation
- Aligns with DPI standards for 3rd Grade



Steps to Health
Supplemental Nutrition Assistance
Program Education (SNAP-Ed)
3rd Grade

S.T.E.A.M.
A Science, Technology, Engineering,
Art, and Math Curriculum
dedicated to health and wellness

If you missed the 3rd Grade S.T.E.A.M training at the FCS Institute, the recording link for the December virtual training can be found [here](#).



REACH

Recognizing ECE's Advancing Children's Healthy Habits

Congratulations to Elizabeth Baker, FCS Agent, Bertie County for her work with Askewville Preschool to meet evidence-based practices in Physical Activity and be recognized for this important work by [REACH](#). REACH is a new initiative, to celebrate ECE programs going above and beyond to support children's health. It's based on the evidence-based practices of Go NAPSACC and is open to all licensed ECE programs in NC. Check out Ms. Baker and [Askewville's achievements](#), look into [getting the programs you work with recognized](#), and [spread the great news!](#)



Update: Due to the delays experienced in CALS CBO invoice review and processing, the deadline for final invoices for Steps to Health Direct Education/PSE purchases has been moved to [Monday, August 28, 2023](#). In this instance, a county has purchased items and desires to be reimbursed by presenting an invoice with backup to Steps to Health. Current trends show that documents submitted are in queue eight to twelve days before the review begins.

Training: In case you missed it, during the March Steps to Health Monthly Update Meeting Kyle Hood, RNEA, presented Gardens Galore!

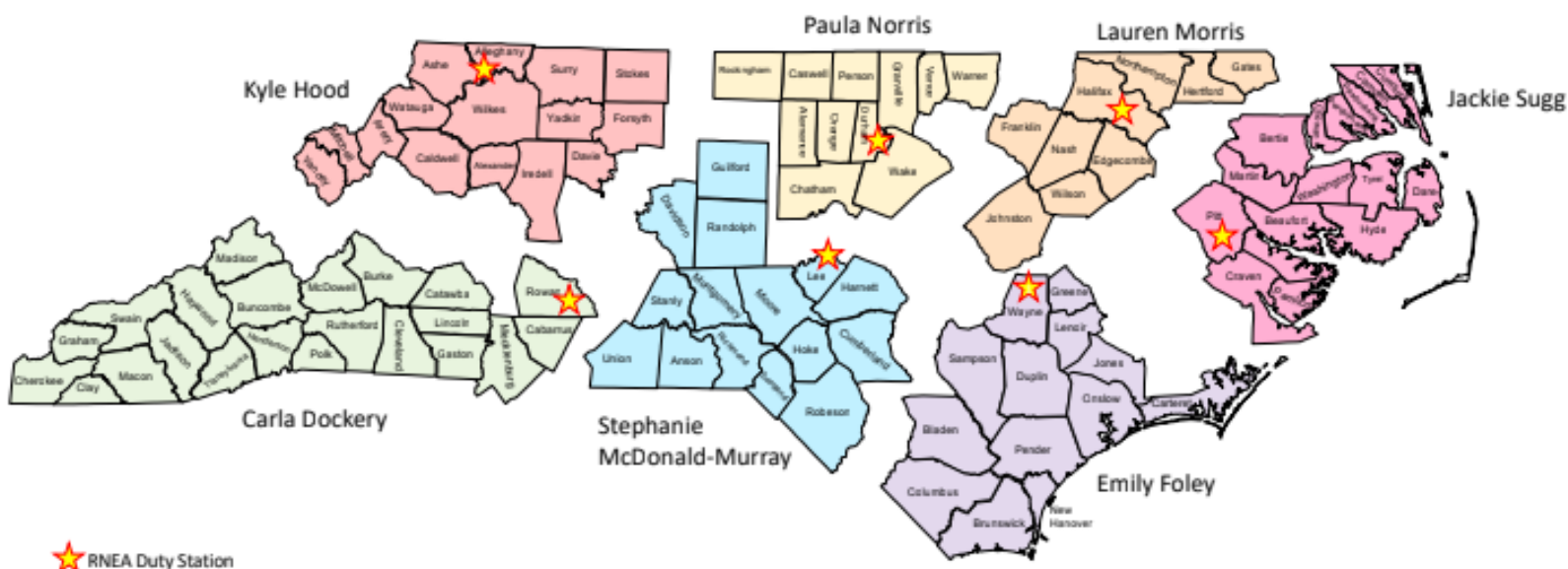
[Recording link](#)

Training: In case you missed it, during the April Steps to Health Monthly Update Meeting, the STH Team discussed program updates, and program planning.

[Recording link](#)

Next STH Update: May 2, 10:00A-12:00P
TOPIC: Walk & Roll to School / Active Transport to School

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