

# NEWS BITES



Did you know many children in NC depend on schools for their daily nutrition? When the traditional school year ends, the NC Summer Nutrition Programs makes sure there are still meals available at no cost for kids who need them. Find out more about the [Summer Meal Program](#).

## **Food Demonstration Reimbursement**

[Here](#) are some important reminders before submitting a food demonstration reimbursement. Please share this information with your county administrative assistance if they assist in processing your documents.

## **Chop Chop Magazines**

Chop Chop Spring Magazines are in! If you would like some sent to your sites or county office, please click on this [link](#) for more information.

## **Starting a new program soon?**

Click [here](#) for some important reminders.

## **Program Supplies & Updates**

Running low on supplies? Make sure you reach out to [Christian Woods](#) for support.

## **Partnership Forms**

Make sure a partnership form is filled out for every site where Steps to Health programming is held.

# Teamwork Makes the Dream Work in Martin County!

Interim CED and FCS Agent, Lisa Smith partnered with EFNEP Educator, Jean Brownfield to utilize both the EFNEP and Steps to Health curriculums at the Kingdom Entity Food Pantry in Hassell.

Lisa is using the Nuts and Bolts of a Healthy Food Pantry STH toolkit and is starting to work on PSE initiatives with the site.



Lisa also visits the food pantry on food distribution days to help clients "shop" based on their health goals. While there, she also demonstrates recipes and provides taste tests.

## Spring is the Season for Gardening!



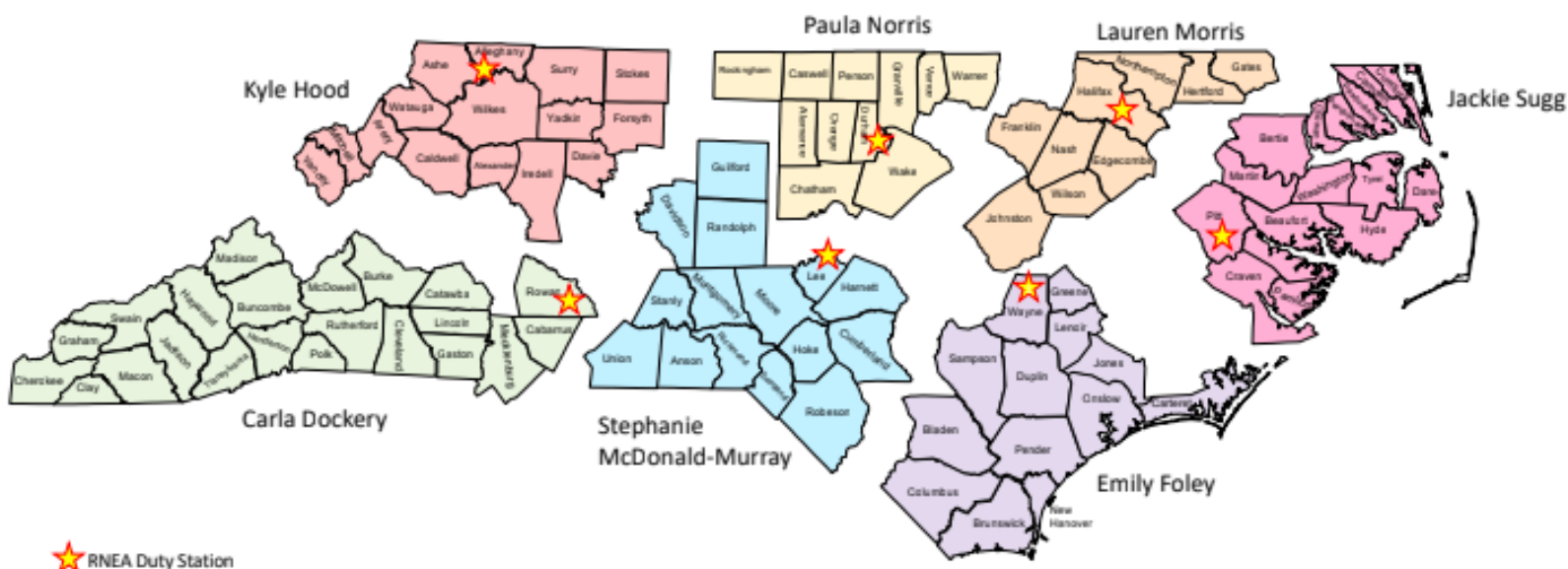
Liz Baker, FCS Agent in Bertie County, is teaching Color Me Healthy at Askewville Preschool. For greater impact, Liz was able to partner with the Bertie County Ag Agent, Edward Godfrey, to start a container garden on-site. As a result of this partnership, the center has successfully planted seeds and are waiting for sprouts to come up!

The preschool center recently received REACH recognition in Physical Activity and are continuing to work on other GoNAPSACC initiatives.

**In case you missed it, Kyle Hood, RNEA, presented Gardens Galore! during the March Steps to Health Monthly Update Meeting. Here is the [recording link](#)**

**Next STH Update: April 4, 10:00A-12:00P TOPIC: Farm to School with the Local Foods Team**

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