

NEWS BITES

Garden re-FRESHed through EFNEP- Steps to Health Collaboration



Amanda Royall, EFNEP Educator in Surry County, recently taught EFNEP classes to children at Dobson KinderCare. Amanda noticed that they had a small garden on site and asked the staff if they needed technical assistance or support for their garden.

Kyle Hood, Regional Nutrition Extension Associate, conducted a site visit of the garden with the staff and helped them trouble shoot some issues they were having. He also helped them decide what items they needed to ensure the garden can flourish and children will learn about fresh produce. With Steps to Health garden funding, the items were purchased and the garden space was renovated. You can see the transformation below.

Before —————→ ***After***



Anson County Mobile Market Offers Free Fresh Produce



Anson County started a Mobile Produce Market in September 2022. It's a partnership between the Extension office, WellCare, Anson County Health Department, Carolinas Primary Care and Atrium Health.

The group developed a plan and timeline for distribution; secured a location through the town manager; developed a name for their team (Anson Health Leaders) and have been distributing fresh produce since its inception

The market is held monthly and provides fresh produce to Anson County residents. "With limited transportation and income, many citizens cannot leave the county to go and get these nutritious and affordable items. Most accessible food comes from fast food restaurants and convenience stores that do not offer produce," stated Roshunda Terry, Anson County Extension Director. "We saw a need and decided to do something about it."

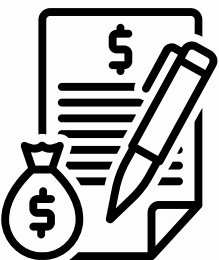
The group secured additional funding through a local poultry plant to purchase fresh produce for the entire year.

Since its inception, the the mobile market has distributed produce to 462 families and 882 individuals. The team also delivers bags/boxes to senior citizens who are homebound.

With additional funding the group will start going to other locations in the county to ensure fresh produce is available to all citizens in Anson County.

Although this is not a project that can be funded under Steps to Health, this is a great example of developing partners and looking for outside funding opportunities to meet the needs of the community.

Reminders & Updates



Don't miss out on these funding opportunities!

Gus Schumacher Nutrition Incentive Program

FCS Innovative Grants
2023 NC FCS Innovative Grant Application Form

Due by March 31st

Setting up a Steps To Health Program?

Please remember to fill out the Program Request Form: at least two weeks before you want to start a program. (the sooner the better)

This allows time for us to get the program into our system, ship you any needed materials and email you the LINKS to run your program and enter your DATA!

[Click here for the link!](#)

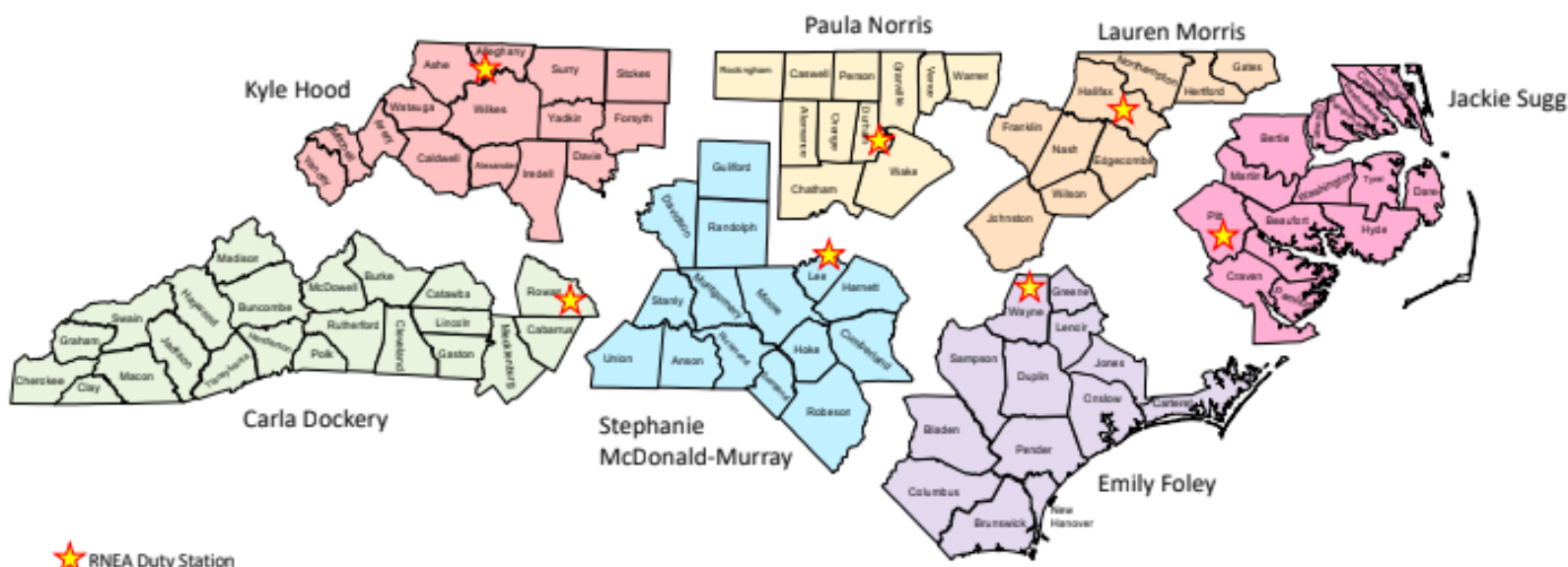
STH Training

March 7, 2023
10:00 a.m. – 12:00 p.m.

FCS Institutes

April 17-19
Raleigh at the McKimmon Center

Regional Nutrition Extension Associates (RNEA) Districts



Kyle Hood
919-717-4013
wkhood@ncsu.edu

Lauren Morris
252-270-0465
lauren_morris@ncsu.edu

Carla Dockery
336-909-7500
csdockey@ncsu.edu

Jackie Sugg
919-827-2285
jackie_sugg@ncsu.edu

Stephanie McDonald-Murray
919-264-5417
stephanie_mcdonald@ncsu.edu

Paula Norris
984-215-1415
ppnorris@ncsu.edu

Emily Foley
919-827-2416
emily_foley@ncsu.edu



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