



Steps to Health Educator: _____

Teacher: _____

1. write the date of the lesson; 2. write the length of the lesson in minutes; 3. check off which students were in attendance on that date and for that lesson.

NC State University
& State University
**COOPERATIVE
EXTENSION**
Empowering People • Providing Solutions

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal and, where applicable, political beliefs, marital status, familial or parental status, sexual orientation, veteran status, or if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

Individuals who are deaf, hard of hearing, or have speech disabilities and wish to file either an EEO or program complaint please contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (in Spanish).

Persons with disabilities who wish to file a program complaint, please see information above on how to contact us by mail directly or by email. If you require alternative means of communication for program information (e.g., Braille, large print, audiotype, etc.) please contact USDA's TARGET Center at (202) 720-2600 (voice and TDD).

This material was funded by USDA's Supplemental Nutrition Assistance Program-SNAP.

